

GULF DEFENDER



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Tyndall Air Force Base, Fla. *Gulf Defender*

April 15, 2005

In brief

Gulf Coast Salute 2005

This year's air show will be May 14–15, and will feature the nine-jet aerial demonstration team, Canadian Snowbirds, the U.S. Army "Golden Knights" jump team and an array of civilian and military aerial performances. Admission and parking are free. For more information, see Page 13.

What's inside



Crew chief student launches first jet
... PAGE 9



April is Child Abuse Prevention Month
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The ORI is coming ...



... 65 days and counting

Royal Canadian AF celebrates 81st birthday

TECH. SGT. LAURA BOSCO

First Air Force Public Affairs

The Canadian Forces Detachment at Tyndall AFB held its Annual Canadian Air Force Mess Dinner April 8 at the Officer's Club to celebrate the 81st anniversary of the Royal Canadian Air Force.

The Canadian Forces Detachment consists of 24 officers and non-commissioned members permanently assigned to the 601st Air Operations Group, Headquarters Continental United States North American Aerospace Defense Command Region, 1st AF, NORAD System Support Facility and the 702nd Computer Squadron.

From the pipe major's first call to the final rap of the mess committee president's gavel, the mess dinner was established to build camaraderie among the unit members. A 200-year-old Canadian tradition, the mess brings officers and distinguished guests together in a fun, yet formal environment. It is governed by formal rules, which forbid such things as "talking shop," arriving late, speaking in a foreign language, or leaving the table without the mess president's permission.

Although the rules add a certain air of formality, they have become customs that ensure a relaxed and courteous evening of fine dining and stimulating conversation.

"The (mess dinner) is an opportunity to get together with friends and family in an informal way and socialize," said Canadian Forces Lt. Cmdr. Steve Neeb, mess committee president.

Guests sharing in the evening's esprit de corps included Maj. Gen. and Mrs. Scott Mayes,



Steve Wallace

Capt. David Brown, 601st Air Communications Squadron, plays the pipes during the Canadian Mess procession April 8 at the Officers' Club. He is followed by Chief Warrant Officer Dan Gilbert, the Canadian Force's senior enlisted member, his wife, Danielle Thibault, Maj. Gen. Scott Mayes, 1st AF/CONR commander, and his wife, Susan.

1st AF/CONR commander, Brig. Gen. and Mrs. Jack Egginton, 325th Fighter Wing commander, and Canadian Forces Brig. Gen. Marcel Duval, CONR deputy commander.

General Duval presented Maj. R.K. Vogan, 601st Combat Plans Squadron division chief, with the General Campaign Star for his participation in Operation Allied Force.

"I feel proud to have earned this," said Major Vogan. "This is the first star issued by the Canadian government since 1953, during the Korean War."

The medal is issued to Canadian fighter pilots who have flown more than five missions in hostile, armed conflict, he explained.

"It is an honor to participate in (Major Vogan's) medal ceremony and to serve with him," said Lt. Col. Kelly Kovach, Canadian Forces Detachment commanding officer.

The highlight of this year's event, though, was not the formalities it brought, but the gathering of 1st AF and CONR men and women to honor a fellow warrior for his service with the Canadian Forces.

Following the Loyal Toast, Commander Neeb handed over the floor to General Duval to introduce guest of honor James Moffat, a Canadian World War II veteran.

Once on stage, Mr. Moffat recounted stories of his mid-air collision during the Nuremburg Raid, es-

caping and evading capture in German-occupied Belgium and France, and the Resistance "helpers" who aided him.

"One reason I share my story is to let others know how much the Resistance helpers did for us," said Mr. Moffat. "They risked all and some gave their lives that I might live."

The audience listened in awe as he shared his experiences and provided insight and hope for fellow troops, American and Canadian alike.

"The (Canadian) Air Force was my college, my volunteer work is my rewards," said Mr. Moffat. "The main thing that keeps you going is hope. Never lose hope."

Officer force development: International affairs specialists

GEN. JOHN JUMPER
Air Force Chief of Staff

WASHINGTON — We are an expeditionary Air Force. To continue our success far from home, we must deliberately develop a cadre of Air Force professionals with international insight, foreign language proficiency and cultural understanding – Airmen who have the right skill sets to understand the specific regional context in which air and space power may be applied.

In the past, we used the Foreign Area Officer program to identify officers who possessed the cultural and linguistic skills necessary for our expeditionary operations. However, we only identified those who had acquired such skills on their own. We did not deliberately select or train officers to develop the regional skills the Air Force needs. Furthermore, few FAOs were actually assigned to international duties and there was a perception that doing so would harm an officer’s career. We did not actively develop this important capability or create a career path.

Today’s security environment demands

officers with international skills. The FAO program is no longer sufficient to meet our requirement, so we are replacing it with a program that selects, develops and deliberately employs officers as international affairs specialists.

Beginning this summer/fall, our functional development teams and IAS functional managers will identify mid-career line officers with potential to excel as IASs and select them for development. They will attend comprehensive developmental education programs aimed at developing a strong foundation in international affairs, while remaining fully proficient and competitive in their primary Air Force specialties. They will be chosen for one of two tracks:

- Regional Affairs Strategists will earn a regionally-oriented graduate degree followed by basic and advanced language training (three years total). They will then alternate assignments between their primary Air Force specialty codes and RAS duty.
- Political-Military Affairs Strategists will earn an international affairs-related degree (one year only). They will develop broader,

“The goal is clear — develop professional Airmen with international insight, foreign language proficiency, and cultural understanding. This is a crucial force multiplier that will significantly increase the effectiveness of air and space power.”

GEN. JOHN JUMPER
Air Force Chief of Staff



less specialized skills that will be used in career broadening assignments; the goal of this part of the program is to develop officers in line specialties with an advanced awareness of the international context in which we will apply air and space power.

The IAS program will be important to all Airmen, not only those selected for this training. All of you are part of an expeditionary Air Force, and will benefit from the expertise brought by IASs to AEF deployments and overseas assignments.

Over the next few months, the assignment teams, led by the guidance provided by the development teams, will be able to provide officers with the details on how their specific AFSC will manage IAS selection, senior rater involvement, as well as how to volunteer.

This is a Force Development culture change that will develop a global cadre for international affairs. The goal is clear – develop professional Airmen with international insight, foreign language proficiency and cultural understanding. This is a crucial force multiplier that will significantly increase the effectiveness of air and space power.

Maintaining wing history important part of mission

TECH. SGT. BRIAN HOPPE
325th Fighter Wing historian

Historians are vital to preserving the heritage of the Air Force.

As the historian for the 325th Fighter Wing, I am responsible for providing historical services to all personnel – military, civilians and retirees. This includes conducting research and providing information on a variety of subjects such as Air Force and unit histories, base histories, unit emblems and historical property.

The primary mission of the historian is to capture the history of the unit to which they are assigned. The most important part of that job is to capture how the unit accomplished its assigned mission during the reporting period and to document problems and successes encountered.

A special topic I’ve had to manage is keeping track of natural disaster damage to the installation from

events like Hurricane Ivan or the tornado that recently blew through the Silver Flag area.

Research also plays a big part in the historian’s day-to-day activities. For example, so far this year I have received more than 40 different requests for historical information about the 325th Fighter Wing and Tyndall AFB. I have researched topics ranging from listing all the commanders who have commanded a squadron here to finding a copy of the emblem worn by instructors who taught French Aerial Gunners who trained here during World War II. While some of the information is readily available, some of it takes a bit more time to find or simply isn’t available.

Another aspect of the historian’s job is to process requests for unit emblems. Unit emblems are a source of pride in every unit, and they help to foster esprit de corps with the ranks. All emblem requests must process through the historian’s office and meet guid-

ance set by the Air Force Historical Research Agency and the Chief of Staff of the Air Force.

The historian also manages the Air Force History and Museum Program, which encompasses all Air Force history from the National Museum of the U.S. Air Force to the heritage displays located in some units on base. Just about everything contained in these displays is historical property and needs to be accounted for. All property is photographed and submitted for accession into the National Museum of the U.S. Air Force’s collection. This way it can be accounted for so we don’t lose valuable parts of our heritage. The program includes our airpark, heritage displays throughout the base and the Tyndall Heritage Center currently under development.

Being an Air Force historian is a challenging but very rewarding job. The biggest benefit is providing guidance to present or future commanders that may help them make appropriate decisions.

Gulf Defender Editorial Staff

Brig. Gen. Jack Egginton	325th FW commander
Capt. Susan A. Romano	chief, 325th FW public affairs
1st Lt. Albert Bosco	chief, internal information
2nd Lt. William Powell	deputy chief, internal information
Staff Sgt. Benjamin Rojek	editor

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The deadline for article submissions to the *Gulf Defender* is 4 p.m. Friday, prior to the week of publication unless otherwise noted. Articles must be typed and double-spaced, preferably on a 3.5-inch disc. Stories should be submitted directly to the public affairs office, Building 662, Room 129 or mailed to: 325 FW/PAI, 445 Suwannee Ave., Tyndall AFB, FL, 32403-5425 or e-mailed to editor@tyndall.af.mil. Public affairs staff members edit all material for accuracy, brevity, clarity, conformity to regulations and journalistic style. The delivery of the *Gulf Defender* to Tyndall base housing sections is provided by the *Panama City News Herald*.

For more information, or to advertise in the newspaper, call (850) 747-5000.

AETC vice commander retires

RANDOLPH AIR FORCE BASE, Texas (AETCNS) — The Air Force recently approved the request by Lt. Gen. John D. Hopper Jr., the vice commander for Air Education and Training Command, to retire effective June 1.

Lt. Gen. Dennis R. Larsen, currently the special assistant to the 19th Air Force commander here, will succeed General Hopper as the AETC vice commander.

General Hopper retires after nearly 36 years of service. He has been the AETC vice commander since October 2000.

“It has been a pleasure serving with the men and women of Air Education and Training Command,” General Hopper said. “These past four years have reaffirmed what I’ve always known — our Airmen are truly the foundation of today’s Air Force. What we do is critical to our nation’s security and I am honored to have shared in the first steps of our future leaders.”

AETC recruits, trains and educates professional airmen to sustain the combat capability of America’s Air Force. Its headquarters are at Randolph AFB.

Action Line: BX customer service

Q: I recently went to the Base Exchange to buy some new electronics, but could not get any help in the electronics department. There were two other customers facing the same problem, and after talking, we decided to shop downtown. We were planning to spend about \$1,000 combined. I later called the exchange manager, and all she could tell me was that they had manning cut-backs and, ‘oh well, that’s life.’ How can you expect us to spend our money in there if we can’t get any customer service?

A: I’m sorry this happened to you at our Base Exchange. It is unfortunate you didn’t speak to a manager before departing the store so the situation could have been resolved on the spot. When your Action Line call was forwarded to the BX for a response, the exchange manager had no knowledge of the incident and let me know there have been no recent cut backs to work schedules, which are developed to handle the anticipated number of customers. The exchange manager immediately addressed your customer service concerns with the BX staff and is currently monitoring the situation. In addition, customer service training for all employees was scheduled. Again, we apologize for the incident and hope you will continue to patronize the BX. Thanks for the call.

ON THE STREET

How do you plan to spend your tax refund?



“I put the money down on a motorcycle.”

AIRMAN 1ST CLASS KENZIE WITT
2nd Aircraft Maintenance Squadron



“I already invested it. Remember to buy low and sell high.”

TECH. SGT. ANTHONY GUSUMANO
325th Security Forces Squadron



“I paid off my car.”

2ND LT. DAMEON BOURLAND
82nd Aerial Targets Squadron



“I’m going to pay my husband’s Saks 5th Avenue credit card bill.”

1ST LT. TANIKA GONZALES
325th Operations Support Squadron

Action Line Call 283-2255



BRIG. GEN. JACK EGGINTON
325th Fighter Wing commander

The Action Line is your direct line to me. It is one way to make Tyndall a better place to work and live.

Action Line calls are recorded and staffed through the proper agency.

The goal is to provide you with an accurate, timely response. You must leave your name, phone number or address to receive a response.

Questions or comments of general interest will be published in this forum. This avenue should only be used after coordinating problems or concerns with supervisors, commanders, first sergeants or facility managers.

If you’re not satisfied with the response or you are unable to resolve the problem, call me at 283-2255.

For fraud, waste and abuse calls, you should talk to the 325th Fighter Wing Inspector General’s Office, 283-4646.

Calls concerning energy abuse should be referred to the energy hot line, 283-3995.

Below are some more phone numbers that help you in resolving any issues with a base agency.

Commissary	283-4825
Pass and I.D.	283-4191
Medical and Dental	283-7515
MEO	283-2739
MPF	283-2276
Public Affairs	283-4500

SF Desk Sgt. Services	283-2254
Legal	283-2501
Housing	283-4681
Red Cross	283-2036
Wing Safety	283-2770
CDC	283-4231
Base Exchange	283-4747
Area Defense Counsel	286-5804
Finance	283-2911
Civil Engineer	283-4117
Civilian Personnel	283-4949
Base Information	283-3203
	283-1113

Thank you for helping me to improve Tyndall and I look forward to hearing from you.

AETC commander to receive enlisted corps' highest honor

RANDOLPH AIR FORCE BASE, Texas (AETCNS) — The commander of Air Education and Training Command recently received an invitation from the command's enlisted corps to receive the Air Force Order of the Sword.

The Order of the Sword is the highest honor given by the enlisted corps.

Gen. Donald G. Cook will receive the Order of the Sword at a formal ceremony June 14 at the Gateway Enlisted Club, Lackland AFB, Texas.

“General Cook’s concern for the enlisted Airmen of Air Education and Training Command during his tenure is matchless,” said Chief Master Sgt. Rodney E. Ellison, AETC command chief master sergeant.

“He is the reason Airmen assigned to convoy duty in Iraq now receive up-to-date training,” Chief Ellison said. “The general saw a need for our folks during a visit to Southwest Asia and took steps to ensure they got it.”

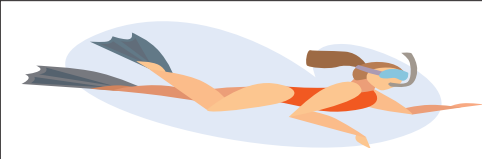
There have been 18 inductees from Air Training Command and AETC. The first was in 1971 and there have been two inductees since ATC became



Gen. Donald Cook

AETC. This includes the most recent AETC inductee, Lt. Gen. John D. Hopper Jr., the vice commander of AETC.

The formal presentation ceremony is open to enlisted members only. For tickets, Airmen should contact their respective command chief master sergeant.



Every member of Team Tyndall is valuable. Play it safe, don't become a statistic.

Tyndall maintainers become first responders, help save life

MASTER SGT. MARY McHALE
325th Fighter Wing Public Affairs

As others rushed out, they rushed in. Staff Sergeants Charles McMillan and Ruben Amador, 325th Aircraft Maintenance Squadron F-15 Eagle avionics journeymen, were standing in front of the base gym the morning of March 10 waiting to start their unit physical training. Suddenly, there was a flurry of activity. “I noticed a group of people coming toward us and looking distressed,” Sergeant McMillan said. “When I asked what happened, they said a man passed out in the weight room and they needed to find the fitness center manager. When they couldn’t find the manager, we went to the weight room to offer help.” Sergeant Amador recalled when they initially checked the unconscious man, he “wasn’t doing too well” and exhibited no signs of pulse or breath. He knew right then the man, later identified as a military retiree, needed immediate medical attention. Both sergeants said their initial reac-

tion was to remember their self-aid buddy care training. Because the man fell face first, they first had to roll him over. It was then they discovered the man’s face was covered in blood after he hit his head and mouth during his fall. “When we checked his airway, we saw blood everywhere,” Sergeant Amador said. “But I remembered there is a protective respiratory mask you can use in these situations, so I ran to the front desk to find it. After I found it, I ran back and threw it to Sergeant McMillan.” Sergeant McMillan said it was very difficult to get a good seal because of the bleeding, so Sergeant Amador ran and got some towels. “I was surprised,” Sergeant McMillan said about his reaction to the scenario.

“My training just kicked in, but I was still worried about doing the rescue breaths properly. Chest compressions were also a concern because they warn you in training about breaking ribs during that procedure.” But just about the time Sergeant McMillan was about to begin chest compressions, two security forces members arrived on scene. One of the security forces members, Tech. Sgt. Gordon Martin, quickly assessed the scene and started directing and participating in the CPR process. He did chest compressions while Sergeants Amador and McMillan performed breathing until emergency medical service arrived. “Sergeants Amador and McMillan did an outstanding job,” Sergeant Martin said. “They acted quickly before I got there

and accomplished everything I asked of them during the response process. I am very proud of them.” Both sergeants had high praise for the subsequent responders as well. “The two security forces, the fire department and paramedics were the big lifesavers,” Sergeant McMillan said. “The whole experience gave me a new perspective, especially about training. Until now, I didn’t think I would ever have to respond (to a situation like this), but I did.” Sergeant Amador said following the incident, everyone involved participated in a debrief session at the fire department. “It’s called critical incident stress management,” said Tech. Sgt. Brian Brown, Tyndall Fire Department assistant chief of operations. “Anytime a traumatic incident occurs, we call a variety of specialties together to help people involved, to calm them down and offer counsel.” “I think the outbrief really helped,” Sergeant Amador said. “I think both of us are prepared if it ever happens again.”

“The whole experience gave me a new perspective, especially about training. Until now, I didn’t think I would ever have to respond (to a situation like this), but I did.”
STAFF SGT. CHARLES McMILLAN
325th Aircraft Maintenance Squadron

Commander's checkbook funds projects

STAFF SGT. BENJAMIN ROJEK
325th Fighter Wing Public Affairs

Free money!
Well, it's not exactly free, but for those who are trying to make Tyndall a better place to work and live, a 'Checker Check' sure comes in handy.

The brainchild of Brig. Gen. Jack Egginton, 325th Fighter Wing commander, Checker Checks are his way of funding quality of life projects that didn't find their way into the budget through conventional channels.

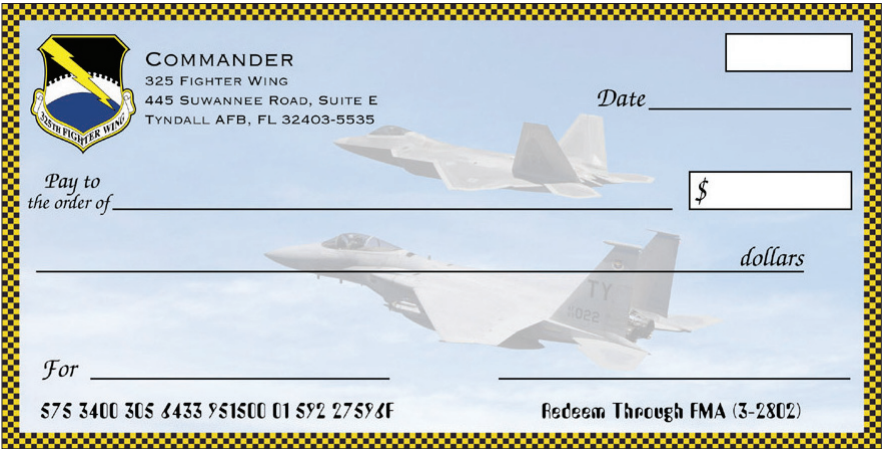
"This is something new that the general brought here with him," said Chief Master Sgt. Richard Cargill, 325th Fighter Wing command chief master sergeant. "He did the same thing as wing commander of Laughlin AFB, Texas, and Udeid Air Base, Qatar."

Each year, money comes down from Air Education and Training Command to the base operations support program, said Kim Jackey, 325th Comptroller Squadron wing budget analyst. This money goes out to areas such as the 325th Mission Support Group, Office of Special Investigations and the Base Legal office.

"We hold back money off the top for emergencies or projects that the general wants to assist," said Ms. Jackey. "Our goal is to hold back a small amount of money every year (for this fund)."

Before the new system, organizations would call saying they were approved money from the fund, she said. But the budget analysts had no way of knowing exactly how much money was approved or for what reasons.

Working with Capt. Michael Prater, 325th Comptroller Squadron flight



Brig. Gen. Jack Egginton, 325th Fighter Wing commander, uses checks like this to provide immediate funds for unit quality of life improvements.

commander, and Scott Sheffield, 325th CPTS wing budget analyst, General Egginton came up with Checker Checks.

"The general is always traveling around the base," said Chief Cargill. "If he saw a project he thought was good for quality of life, he wanted to be able to say, 'That's a good idea – how much do you need?,' instead of, 'The check is in the mail.'"

General Egginton said one of the reasons he likes giving out the Checker Checks is seeing the reactions of the recipients.

"It's fun to see the look on people's faces," he said. "It's refreshing to be able to help people immediately, instead of having to go through a paper trail, where they wait six months for the money."

Those who work in budget analysis have their own reasons for liking the program.

"(General Egginton) likes the idea because he can hear a pitch and write a check on the spot," said Mr. Sheffield. "We like it because it is proof of how much he has given and to whom."

According to Chief Cargill, the

general handles the Checker Checks like his own account, writing out the details of the transaction on a check stub and budgeting the account.

That's not to say you can use the checks as if they're real.

"If you get a check, you can bring it by the financial analysis office," said Ms. Jackey. "Then we'll transfer the funds to your unit."

So far, two groups have received Checker Checks: 325th Fighter Wing Plans and the Tyndall Chapel.

The chapel used the money to finish up the Living Room, a project at the dormitory here that converted a day room into a hang out for dorm residents, said the chief. The facility now features hardwood floors, plush chairs and an area to cook food.

But just because he's carrying a checkbook, the general can't fund every project that comes his way. There is a limited amount of money.

"This is not for huge projects," said General Egginton. "This program is for small, immediate needs for projects that aren't in a unit's normal budget."

"I'm not Donald Trump," he added. "I'm more like grandpa."

Birds of prey: Vipers face-off against Raptors

MASTER SGT. MARY MCHALE

325th Fighter Wing Public Affairs

Since firsts are meant to be memorable, it's a good bet the Emerald Knights of the 308th Fighter Squadron from Luke AFB, Ariz., won't soon forget their two-week visit here that began April 2.

The desert-based F-16 Fighting Falcon squadron's Knights represent the first Luke unit to participate in dissimilar air combat training against Tyndall's 43rd Fighter Squadron's Hornets flying the F/A-22 Raptor.

Tyndall hosts multiple DACTs each year, where different kinds of fighter aircraft face off in mock air battles both against the Raptor and the F-15 Eagles.

"We are thrilled and happy to be tasked and having the opportunity to learn all about the Raptor's capabilities," said 1st Lt. Bryan Howard, 308th FS assistant maintenance officer-in-charge. "What I'm getting from the pilots against the Raptor is they are impressed with the abilities of the jet and the pilots. But our jets are holding up well, thanks in large part to the outstanding efforts of our maintainers."

"It's a treat to fly against the F/A-22 to see what it can do, and so far it's impressive," said Lt. Col. David Ellis, 308th FS commander. "We're getting some great training and great maintenance support here."

Maj. Max Marosko, 43rd FS assistant director of operations, said DACT is a win-win situation for both units in terms of training.

"We can use DACT to increase our training capacity because it allows more training out of the same number of lines," he said.

For example, if just four Raptors fly against each other, they can do a single two-versus-two mission scenario. But with DACT, the four Raptors can split and do twice the two-versus-two scenarios against the F-16s, fondly known to its pilots as the Viper.

The major also said flying Raptor-versus-Raptor doesn't really allow for pilots to exploit effects of stealth and supercruise, two of the Raptor's premier characteristics.

"It's always better flying against different aircraft," Major Marosko said. "We get to capitalize on the strengths of our aircraft and see how other aircraft perform against us. They also get to see what the F/A-22 can do."

"This is a leap of technology," said Capt. Keith Gempler, 308th FS B-Flight commander, who noted his previous DACT experience was against aircraft more equally outfitted. "There's a lot more situational awareness against previously engaged enemy aircraft based on radar contact. With the Raptor, there's none of that."

Major Marosko added stealth is only



Master Sgt. Mary McHale

Two F/A-22 Raptors and two F-16 Fighting Falcons from Luke AFB, Ariz., prepare to taxi as the crew chief signals brakes. The Falcons arrived here April 2 to conduct dissimilar aircraft combat training against the Raptors.

one of the many tools the Raptor brings to the fight and helps its pilots actually increase their sense of situational awareness. He said they also rely on its state of the art integrated avionics.

"The jet does so much automatically, it really relieves the workload for the pilots so they can focus more on the big picture. With data link technology, I know everything my wingman knows so we don't have to communicate as much. That reduces mistakes, because in previous aircraft, you're trying to communicate and receive information and keep up with everything going on in the cockpit. Now we enjoy a higher degree of success with a lot less work

than in our previous platforms."

The major said the jet does alleviate the amount of tasks the pilot must perform, but there's still the need to effectively conduct training.

"While the aircraft and avionics make up for so much, we still need to force learning points," he said. "The avionics are so advanced that they can offset pilot mistakes if the mission isn't challenging enough."

For that reason, Major Marosko said the Raptors will often be outnumbered during DACT, which helps reinforce training goals.

"We usually have really good numbers, but there are times we make mistakes and that's all part of the training," he said.

Lieutenants help nab purse snatchers

2ND LT. DAVID TOMIYAMA
33rd Fighter Wing Public Affairs

EGLIN AIR FORCE BASE, Fla. (AFPN) — Two lieutenants stationed in northwest Florida came to the rescue after they witnessed a purse snatching in a parking lot near Eglin AFB.

Second Lts. Justin Herman, from Eglin AFB, and Nick Garvey, 325th Air Control Squadron, chased two suspects they saw snatch a purse April 8.

After shopping at a local supermarket for a night of cards, the lieutenants saw the purse snatching and a male suspect jumping into a getaway truck with a woman and taking off.

The Airmen jumped into Lieutenant Garvey’s car and tracked the suspects while Lieutenant Herman called 911. The pursuit lasted only a few miles before the suspects’ truck started to break down.

“We could hear gears grinding, and their

lights were dimming,” Lieutenant Herman said. “Evidently ‘Bonnie and Clyde’ didn’t know how to drive the getaway (truck’s) stick shift.”

The truck pulled into a fast-food restaurant where the suspects changed clothes and abandoned the vehicle.

Pulling in two spaces away, the Airmen watched as the suspects ran down a four-lane highway. Lieutenant Herman followed them on foot while relaying information to the police on his cell phone.

The chase extended across the highway where Lieutenant Herman chased them barefoot after he lost his sandals.

“After everything that happened, these two were not getting away,” Lieutenant Herman said.

Local police arrived and arrested the two suspects. While searching the truck, the police found crack pipes. Both suspects

were charged with grand theft for the purse snatching. One suspect has also been

charged with possession of drug paraphernalia.

Martha Rousset, the purse-snatching victim, was shopping after a nine-hour drive from Louisiana. She said she was crushed to have her belongings taken.

“I told the lieutenants that they’re my

heroes. If it wasn’t for them, the suspects wouldn’t have been caught,” Ms. Rousset said. “They put forth a lot of effort chasing those guys down. I’m so appreciative the world is made up mostly of good people, and Friday night, there were so many good people.”

Everything that was stolen from Ms. Rousset was returned to her.

“What made me glad is that she got everything back, her money, credit cards and (identification),” Lieutenant Herman said.

Local police department officials said they appreciated the help.

“We couldn’t have asked for better help in this case. They did exactly what they should do to help the police do their job,” said police Capt. Darrell Bruhn. “They observed, followed and kept us apprised of the situation.”

● SEE PURSE PAGE 16

Checkertail Salute

Master Sgt. Michael Griffith



2nd Lt. William Powell

Sergeant Griffith receives the Checkertail Salute Warrior of the Week award from Brig. Gen. Jack Egginton, 325th Fighter Wing commander.

The Checkertail Clan salutes Sergeant Griffith, 325th Fighter Wing ground safety NCO-in-charge. He implemented a motorcyclist safety education awareness program called cyclist, awareness, responsibility, equipment and safety, or CARES, which focuses on identifying high-risk operators. He was also nominated for Ground Safety Technician of the Year.

The Checkertail Salute is a 325th Fighter Wing commander program designed to recognize Tyndall’s Warrior of the Week. Supervisors can nominate individuals via their squadron and group commanders. Award recipients receive a certificate, letter from the commander and a one-day pass.

Duty title: Ground safety NCO-in-charge

Time on station: Four years

Time in service: Twenty-one years

Hometown: Eugene, Ore.

Hobbies: Spending time with my kids and wife

Goals: Pursue my degree in safety

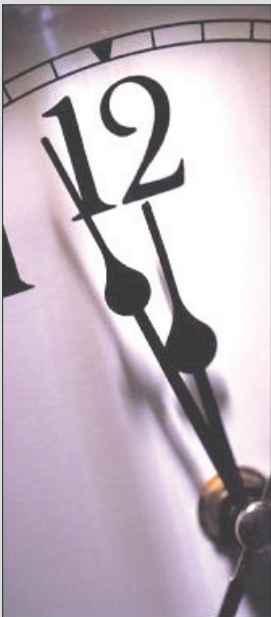
Favorite movie: “Hunt for Red October”

Favorite thing about Tyndall: The people

Pet peeves: People who say “I can’t”

Proudest moment in the military: The birth of my two children

The Gulf Defender is published for people like Staff Sgt. Stacy Enia, 325th Mission Support Squadron Airman Leadership School instructor.



ORI TIP OF THE WEEK

Week 9:

Ensure all continuity books are up to date with relevant information. Include any briefings your squadron or flight uses, the latest self-inspection checklist with responses, best practices submissions, mission statement and any other unit-built guide your unit provides to the wing.

Student 'launches' into crew chief duties

STAFF SGT. BENJAMIN ROJEK
325th Fighter Wing Public Affairs

The blare of the jet taxiing down the flightline drowned out the sound of her laughter, but any other noise couldn't have made her happier.

Airman 1st Class Emily Kruithoff, a 372nd Training Squadron/Detachment 1 Mission Ready Airmen student, accomplished her first launch of an F-15 Eagle Monday, something she had been waiting for since she started technical school in November 2004.

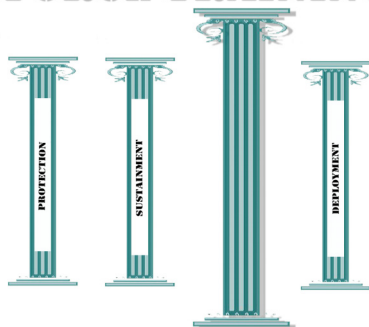
"I am definitely excited to finally be working on a live jet," said Airman Kruithoff prior to the launch. "It will be really rewarding after all the note taking and servicing training to get out there and actually do it."

The Zeeland, Mich., native arrived at Tyndall March 17 after completing her initial training at Sheppard AFB, Texas. Once here, she and three classmates learned pre- and post-flight inspections, among other things.



Capt. Christopher Ridlon, 95th Fighter Squadron F-15 Eagle pilot, gets a 'thumbs up' from Airman Kruithoff before climbing into the cockpit. Pilots and crew chiefs thoroughly inspect each jet before the pilot straps in to take off.

FORCE TRAINING



"They do a lot of (technical order) review," said Tech. Sgt. Patrick Bannister, Airman Kruithoff's primary instructor. "They learn everything from post-flight inspections to forms documentation. It all builds up to the launch."

When it finally comes time to begin actual launches, the Airmen are paired with wingmen. Sergeant Bannister said he then takes the students' ID cards and draws the order in which they'll launch. Those who are not launching become the designated launch assist, or the B-Man.

"The B-Man is the helper," said Airman Kruithoff. "They do things like taking out safety pins, grabbing the pilot's bags or pulling chalks."

It's the A-Man, she said, who straps in the pilot, tells him if the flight controls are working, the engines are clear to start or the brakes are good, and finally marshals out the jet.

"Everything they learn in class gets thrown into one quick launch," said Sergeant Bannister.

"I hope I don't freeze up when I'm out there," said Airman Kruithoff on the way to the launch. "But I know what I'm supposed to do. I'm prepared and ready."

"When you're out there, you have the engine running and people are running around," said Sergeant Bannister. "It seems overwhelming. Some students get absolutely nervous."

After completing the pre-flight inspection Monday morning, Airman Kruithoff, Sergeant Bannister and her B-Man, Airman 1st Class J.R. Pabon, waited for the pilot. The anticipation began to get to her.

"I hate waiting," she said with a nervous laugh. "I'm ready to go."

When the pilot arrived, her training kicked in and they quickly went through all the checks. They hit a slight snag with an airflow problem, but Sergeant Bannister talked her through it. Fifteen minutes later, she was marshaling a jet for the first time.

"I really didn't know what to expect," said Airman Kruithoff. "I haven't really been near



Photos by Staff Sgt. Benjamin Rojek

Airman 1st Class Emily Kruithoff, 372nd Training Squadron/Detachment 1 Mission Ready Airmen student, checks the landing gear of an F-15 Eagle prior to her first launch Monday. Airman Kruithoff graduates technical school today.

a jet running, much less sending one out."

However, once the process began, everything moved quickly, she said.

"It's amazing to see how far I've come and how much I've learned since November," continued the airman. "I'm more comfortable now."

According to Sergeant Bannister, even the instructors are anxious to see how their students will do.

"You hope they'll tie everything together," he said. "But some launches don't go smoothly."

However, the instructor said he felt Airman Kruithoff did exceptionally well.

"There were times when she was about to pause," said Sergeant Bannister, "but the pilot would interject and help. It was fantastic."

The future crew chief also felt she did well. In fact, she said she is ready to

try and do a launch on her own.

"It is really rewarding to see the plane go and know you did it," said Airman Kruithoff, smiling once again. "I love my job."



Airman Kruithoff marshals Captain Ridlon's jet off the ramp so he can taxi to the runway. The whole process of getting the jet ready to launch takes less than 15 minutes.



Brig. Gen. Jack Egginton, 325th Fighter Wing commander, holds 10-week-old Kendyl Nummy after signing the proclamation allowing military members to wear a blue ribbon on their uniforms throughout April in honor of Child Abuse Prevention Month. Behind him hangs an example of a silhouette Tyndall children colored and placed throughout the base. The silhouettes are to remind people about the importance of child abuse prevention.

Child Abuse Prevention M

2ND LT. WILLIAM POWELL
325th Fighter Wing Public Affairs

Work-related stress or problems at home can easily build up and fester inside a person until something, or someone, pushes him or her over the edge. The built-up stress needs a release, and defenseless children are too often an easy target.

According to the National Child Abuse and Neglect Data System, more than 900,000 children were found to be victims of child abuse or neglect in 2003. Of this number, many suffered neglect, followed by physical and sexual abuse, and emotional or psychological maltreatment. In addition, nearly 17 percent of victims experienced other types of maltreatment such as abandonment, threats of harm to the child, medical neglect and congenital drug addiction.

The NCANDS report also stated nearly 80 percent of the perpetrators of abuse were parents, including birth parents, adoptive parents and stepparents.

To raise awareness of child abuse and neglect, a presidential proclamation in 1982 designated April as Child Abuse Prevention Month. Since that time, child abuse and neglect awareness activities have been promoted across the country during this month, but the responsibility begins at home with the parents, said Jae Pate, Family Advocacy treatment manager.

“The best thing parents can do to prevent abuse in their homes is to learn how to be a good parent,” she said. “Children go through many de-

velopmental stages which bring about different behaviors, many of which can be frustrating and anger-provoking to parents. Recognizing what is normal behavior and having a good parenting plan for addressing the behaviors can be an effective preventative tool.”

Additionally, parents need a plan for managing personal stress and anger, Ms. Pate continued. Stress and anger are normal, but if allowed to get out of hand, they can be serious risk factors for lashing out at children.

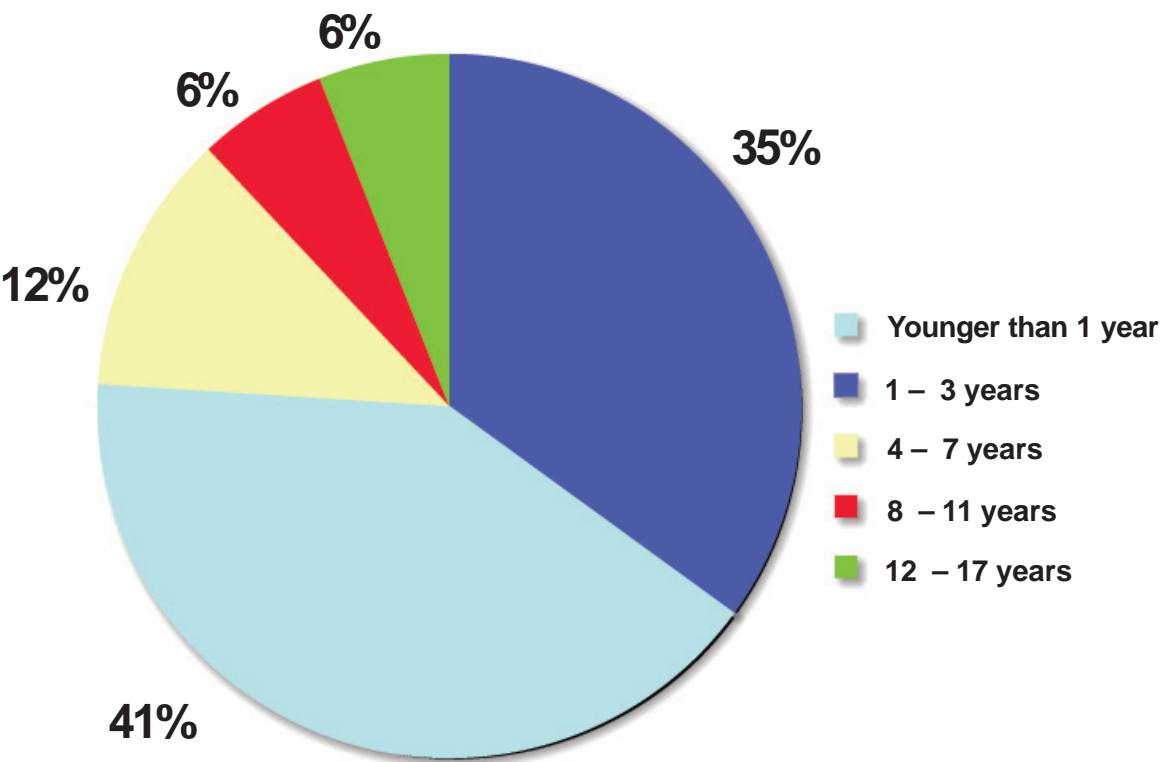
Several resources are available here at Tyndall for assisting parents with parenting plans that can help combat stress and anger or other emotional issues. Family Advocacy offers assistance with parenting and stress through their prevention programs. The Life Skills Clinic offers classes to assist with stress management as well as anxiety and depression management.

“Other resources designed to assist with these issues can be found at the Family Support Center and the Chaplain’s office,” Ms. Pate said. “For needs that cannot be met by any of these programs, there is an option of being referred to a civilian resource.”

However, some situations require immediate action. Parents who reach their “boiling point” with a child need to take a minute before they act or lash out, said 1st Lt. Tina Nelson, Family Advocacy element chief.

“One of the most common things we recommend is to take a time out, breathe deep and think about what you are about to do,” she said.

Child abuse and neglect fatality victims by age, 2002



Staff Sgt. John Russum, 325th Security Forces Squadron, gets a pocket by his son, Austin, at the Youth Center. The two were at the Youth Center during the Month of the Military Child, which coincides with Child Abuse P

Month: no excuse for abuse

"If possible, talk to the other parent and think of how to approach the situation before engaging with the child. Remember, the anger could be from a combination of events that occurred throughout the day, not just from what the child has done."

Lieutenant Nelson added military parents aren't necessarily more or less likely to abuse their children because some of the same factors affect both civilian and military families.

"Children are at higher risk for abuse in general if there is history of abuse in the family, financial stressors in the family, alcohol or drug abuse/dependence or if a spouse is currently being abused," Lieutenant Nelson said.

According to Capt. (Dr.) Priya Srinivasan, 325th Medical Operations Squadron pediatrics physician, the military may seem like it processes numerous abuse cases compared to civilian programs because the military reporting system is better.

"A child who shows signs of abuse (during a routine health examination) will get a full physical exam including X-rays if needed," Dr. Srinivasan said. "The case gets reported to Family Advocacy if it occurs on base and to the Florida Department of Children and Families if it occurs off base."

"Seeing an abused child always makes me feel outraged that anyone would treat a child that way, but it's important to remain non-confrontational and not make any accusations toward the parents at the time of the exam," she contin-

ued. "(Physicians) can't become overwhelmed by feelings and must remain calm and objective so we don't miss any findings."

Tyndall caregivers are also trained to recognize signs of abuse. More than 70 Child Development Center, Youth Center and Family Child Care members recently received annual training to learn more about what to do when they suspect abuse and how not to succumb to abusing children as well.

"The training helps us be aware of signs that children may exhibit if they are being abused," said Janet Collins, CDC program technician for preschoolers. "Certain indicators we look for include bruises on a child's lower back or limbs, constant rocking, hiding under the table, decline in behavior, hygiene or communication and an increase in aggressive behavior or foul language."

A child care provider for more than 17 years, Ms. Collins could be considered an expert at handling young children. She said a steady workout plan consisting of walking and going to the gym during the week has helped her manage stress. Fortunately, she is also able to take a quick break from the children when necessary to remain calm and collected.

Parents may not have the ability to take a break from their children when they need it, but with the assistance of the Family Advocacy programs, Life Skills Clinic classes and personal stress relief activities, parents will remember to view their children as a treasure, not a target.



Staff Sgt. Benjamin Rojek

Meghan Lanton, 2-year-old daughter of Senior Master Sgt. Terry Lanton, Air Force Civil Engineer Support Agency, hangs up a silhouette at the Family Support Center here.



2nd Lt. William Powell

A blue ribbon pinned to his shirt at a picnic celebrating the Prevention Month.



The blue ribbon mission

Encourage community and individual involvement in recognizing and preventing child abuse and neglect.

Educate families, children, neighbors, organizations and communities on how to prevent child abuse and neglect.

Assist families in achieving healthy parenting practices through education and resources.

Empower individuals to intervene in abuse and neglect situations when appropriate.

National Child Abuse and Neglect Data System statistics

Of those who were abused by parents:

- Forty percent of child victims were maltreated by their mothers alone
- Eighteen percent were maltreated by their fathers alone
- Seventeen percent were abused by both parents

For 2003, 48.3 percent of child victims were boys, and 51.7 percent were girls. One-half of all victims were White, followed by African-American and Hispanic. Asian children made up the smallest percentage.

The youngest children (from birth through age 3) were the most likely to experience a recurrence of maltreatment.

Florida, West Virginia, South Dakota, Washington D.C., and Massachusetts have the highest rates of child abuse in the U.S. Twenty children per 1000 are abused each year.

Briefs

RAO volunteers

The Retiree Activities Office is seeking volunteers to assist with the various tasks associated with running the office. The RAO is an all-volunteer organization that provides assistance and information to Tyndall's retiree community on retiree-related issues. Those interested in volunteering should contact the office at 283-2737 or by e-mail at tyndall.RAO@tyndall.af.mil.

Gulf Coast Community College

The next Tyndall Center placement test will be held 1 p.m. May 4. Advanced payment of \$4 will guarantee a spot. Test results are immediate and students will be able to register for classes upon receiving the results. Also, GCCC will be holding Microsoft classes. The Intro to Access course is from 8 – 11 a.m. Monday – Thursday. The Excel Basic course is from 8 – 11 a.m. May 16 – 20. The cost for the course is \$70 and the cost for the books is \$22.50. For more information, call 283-4332.

CCAF graduation

There will be a Community College of the Air Force Graduation from 1 – 4:30 p.m. April 27 at the Enlisted Club Ballroom. The Education Center will be closed for business during this time. For more information, call 283-4285.

Powerlifting competition

The Fitness Center will host a powerlifting competition beginning at 8:30 a.m. May 7 with weigh-ins. The competition starts at 10 a.m. Deadline for entry is April 29, and applications can be picked up at the Fitness Center. For more information, call 283-263.

Palace Chase force shaping

Members who are thinking about leaving active duty early can transfer their commitment into the Air Force Reserve without having to payback bonuses, and while maintaining many of the same benefits. There are Air Force Reserve opportunities available in many locations in the U.S. and overseas. Re-training into a different career field is also an option. For more information, please contact Master Sgt. Randi Baum at 283-8384, or by e-mail at randi.baum@tyndall.af.mil, or visit the military personnel flight, Bldg. 662, Room 222.

Volunteers needed

The Tyndall Volunteer Resource Program serves as the central base resource for volunteer recruitment, placement and recognition. The program assists individuals seeking volunteer opportunities to meet their volunteer goals and authorized organizations and agencies to recruit qualified volunteers. Volunteers are currently needed at

Just for kicks

Kyoichi Takeda, front, 325th Air Control Squadron, hustles around Jill Evenski, 28th Test Squadron, during a soccer match April 5 at Heritage Field. The 325th ACS team won the match 3 - 0. For the latest sports standings, see Page 13.



Staff Sgt. Benjamin Rojek

Family Services/Airman's Attic, the Red Cross, Retiree Activities Office, 325th Services Squadron and other locations at Tyndall. For more information, call the Family Support Center at 283-4204/4205.

Manpower personnel needed

The Air Force Manpower and Organization career field is seeking qualified enlisted personnel, in the pay grades of E-4 and E-5, to retrain into the manpower career field, AFSC 3S3X1. If this is a career you are interested in, please contact Tech. Sgt. Robert Stegemeyer, Manpower and Organization Flight NCO-in-charge, at 283-8277 for a personal interview.

Tricare benefits briefing

The 325th Medical Group will present a Tricare health benefits briefing from 6:30 – 9 p.m. Thursday at the NCO Academy. The information is designed to help spouses and dependents understand their healthcare benefits. Parking is available across from the academy near Burger King. For more information, contact Jim Blanchard at 283-7157 or Donna Dickerson at 286-5484.

Tricare news

The Tricare Management Activity has contracted with Westat Incorporated, a survey research firm in the Washington, D.C. area, to conduct a nationwide telephone survey of Tricare beneficiaries on behalf of the Communications and Customer Service Directorate. The survey will gather information about beneficiary Web preferences and will explore findings of a similar February 2004 survey which indicated customers consider Tricare call centers difficult to use.

The Medical Support Squadron assures the legitimacy and importance of this sur-

vey, as it will help the DOD and their Humana partners identify and resolve issues with the new Tricare information resources.

Thrift Shop hours

Normal hours are 9:30 a.m. to 12:30 p.m. Wednesday – Friday. Consignments are 9:30 – 11:30 a.m. Wednesday and Thursday. For more information, call 286-5888.

Free pre-Kindergarden screening

Bay District Schools and the Florida Diagnostic Learning Resources Systems/Panhandle Area Educational Consortium will sponsor free Pre-K screenings for 3- to 4-year-old children April 28 and May 11. Children will be screened in the areas of speech and language, motor skills, school readiness skills, vision and hearing. For more information or to schedule an appointment, call 872-4857.

Armed Services Blood Program

A blood drive benefiting servicemembers will be held 8 a.m. to 2 p.m. Wednesday at the Community Center ballroom. For more information, contact Master Sgt. Cecelia Grimm at 283-8847.

Windsurfing classes

Bonita Bay is sponsoring a windsurfing seminar for the whole family. Two nationally-known windsurfing experts will be conducting lessons all day Saturday and Sunday. The costs are \$40 for adults and \$20 for ages 16 and under. For more information, call 283-4473.

TAAA membership drive

The Tyndall Active Airman Association will have a membership drive April 22 at the Community Center. All E-1 through E-4 Airmen are invited to stop in and learn about events and opportunities provided

by TAAA. For more information, contact Airman 1st Class Billy Atherton at 283-3327.

Chapel Schedule**Weekly Bible study**

The Bible study "Life Without Strife" meets from 6:30 – 8 p.m. every Tuesday night at the Spiritual Fitness building by Chapel Two, in Room 108.

Catholic services

Daily Mass, 11:30 a.m. Monday – Friday, Chapel Two
Reconciliation - before Saturday Mass or by appointment
Saturday Mass, 5 p.m., Chapel Two
Sunday Mass, 9:30 a.m., Chapel Two
Religious Education, 11 a.m., Bldg. 1476

Protestant services

Traditional worship service, 9:30 a.m., Chapel One
Religious education classes, 9:30 – 10:30 a.m. Bldg. 1476
Contemporary worship service, 11 a.m., Chapel Two
Wednesday Fellowship, 5 p.m., Chapel Two

Jewish Passover schedule

This year, Passover is preceded by the Sabbath which begins the evening of April 22. Passover will be observed from sundown, April 23 through sunset, May 1. The first two days, April 24 and 25, and the last two days, April 30 and May 1, are days of religious obligation for people of the Jewish faith.

Passover Seder will be 6 p.m. April 23, at Temple B'Nai Israel, 1910 Frankford Ave., Panama City. For more information, call Nathan Miller at Temple B'Nai Israel at 522-8625.

Tyndall gate times set for 2005 Gulf Coast Salute

CHRISTINE SULLIVAN
325th Fighter Wing Public Affairs

Tyndall will open its gates to the public at 9 a.m. May 14 – 15 to celebrate Gulf Coast Salute 2005, “A Salute to North America.”

This year’s air show will kick off events at 10:45 a.m. May 14 with an official welcome by Brig. Gen. Jack Egginton, 325th Fighter Wing commander, followed by the first aerial demonstrations at 11 a.m.

The weekend’s events will be highlighted by the Canadian Forces Snowbirds nine-jet aerial demonstration team, celebrating its 35th anniversary. To date, the team has performed for more than 116 million spectators across North America.

The two-day event will also feature a wide variety of military and civilian aerial performances. The action includes breathtaking jumps by the U.S.

Army “Golden Knights.” An array of civilian flying performers, including international aerobatic champion Patty Wagstaff, will do their aerial magic, and military aviation heritage will be showcased.

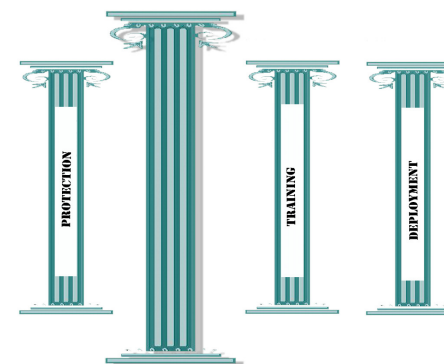
Numerous ground aircraft and attractions will be available for young and old alike. There will be plenty of food, games and attractions to make this year’s event a memorable one for the entire family.

Admission and parking are free. Shuttle bus transportation will be provided from the parking area to the flightline. Security will be emphasized: no pets, weapons, glass bottles or containers will be allowed. Small coolers and backpacks will be permitted, but are subject to search.

For additional information, check out the Gulf Coast Salute 2005 official Website at www.schultzairshows.com/tyndall2005.htm or e-mail pacontacts@tyndall.af.mil.



FORCE SUSTAINMENT



Double feature

Because of Winn-Dixie
5 p.m. Saturday

A 10-year-old girl, abandoned by her mother when she was 3, moves to a small town in Florida with her father, a preacher. While there, she adopts a stray dog whom she names after the local supermarket where he was found. With her goofy pooch by her side, she meets an eclectic group of townspeople and rekindles an almost lost relationship with her father.

The Aviator
7:15 p.m. Saturday

The movie begins as a young Howard Hughes directs the film “Hell’s Angels.” Hughes was so obsessed with perfection in the aerial sequences that he waits forever for perfect conditions, right down to cloud formations. The Aviator ends in 1946, when Hughes was still a dashing young man and romancing actresses like Ava Gardner and Katharine Hepburn.

(All movie information courtesy of www.imdb.com. Used with permission.)

Coming up ...

Pooh’s Heffalump Movie
6 p.m. Thursday

Intramural Sports Standings

Volleyball



Team	Win	Loss
AMXS	10	0
RHS	4	5
95 FS	7	0
MXS	6	2
MDG	7	3
AFCEA	3	4
CONR	6	3
COMM	3	5
ACS 1	4	3
53 WEG/82 TRS	1	7
SEADS	4	5
TEST	1	6
83 FWS	0	1
SVS	1	6
ACS 2	0	7

Soccer

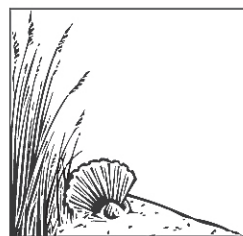
Team	Win	Loss
SFS	4	3
ACS	6	0
OSS	5	1
MXS	2	4
TEST	3	4
372 TRS	4	2
CES	4	2
83 FWS	0	6
SEADS	2	4
COMM	1	5



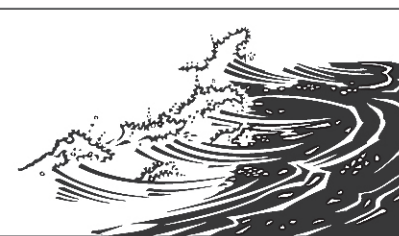
Squadron sports teams need support!

Volleyball games start at 6:15 p.m. Monday through Thursday and are played at the Fitness Center. Soccer games start at 5:30 p.m. Tuesdays and Thursdays and are played at the Heritage Soccer Field.

The Fitness Center offers a wide variety of intramural sports throughout the year. For more information on how to sign up, contact your unit sports representative or call the Fitness Center at 283-2631.



Funshine NEWS



Produced by the 325th Services Squadron

www.325thservices.com

Bring your favorite vehicle to the

Tyndall Show and Shine Cruise-In

April 22 4:30-8:30 p.m.

All the fun will be at the Tyndall
Enlisted Club parking lot!

Bring your car, truck, or motorcycle.
Show off your wheels to the Tyndall
community.

There will be food, refreshments and
plenty of great music for everyone to
enjoy.

No base sticker? No problem! Call
283-1108 for details and registration.
Register by Monday.

Bonita Bay Outdoor Recreation

Summer hours have begun!

The Outdoor Rec office is now open seven days
a week, and has motor boats, canoes, camping
gear, off-road bikes and whatever else you need
for summer fun. Call 283-3199 today!



Travel Expedition 2005

INFORMATION, TICKETS & TRAVEL
TODAY, 10 A.M.-1 P.M.
AT THE TYNDALL ENLISTED CLUB

**More than
\$7,000 in
door prizes!
Lots of freebies!
More than
80 vendors!**



All ranks at the Tyndall Enlisted Club

Free Movie Night Saturday Double Feature

Because of Winn Dixie
Rated PG 5 p.m.

The Aviator
Rated PG-13 7:15 p.m.

Thursday
Pooh's Heffalump Movie
Rated G 6 p.m.

Snack Bar items include
Pizza, hot dogs, chili dogs,
nachos, popcorn, candy and soda.
Youth under age 16 must be accompanied
by an adult. Movies subject to availability.

283-4357

Community Center

☎ 283-2495

Pilates instructor

The cardio center is looking for an additional
Pilates instructor. If you have the right
qualifications, call 283-2495.

Base-level Table Tennis Tournament

Saturday, 1 p.m. This event is open to active duty
Air Force members, DOD civilians, contractors,
family members and retirees. All participants must
be 18 years or older. Awards for 1st, 2nd and 3rd
place. Sign up by Saturday.

Gulf Coast Salute Food Concession

Here's an opportunity for your squadron or private
organization to earn some extra income. All units
and organizations interested in participating in this
year's open house (May 14 - 15) must fill out a
concession application. Official military units
assigned to Tyndall AFB will have priority. The
number of booths available is limited. Concession
packages are available at the Community Center,
Bldg. 1027, Tuesday - Saturday.

Auto Detailer Needed

The Community Center is looking for an auto
detailer. For more information, contact the
Community Center at 283-2495.

Pizza Pub in the Community Center

NASCAR race Sunday

Samsung/Radio Shack 500

Pizza Pub opens at 11:00 a.m.

Race begins at 11:30 a.m.

Races shown at the Pizza Pub.

Prizes for participation will be given at each
event. Must be a current
club member to win.

283-3222 for details

Air Force Club Scholarship Program



Applicants must be accepted by, or
enrolled in, an accredited college or
university graduate or undergraduate
program by fall of 2005. Information
packages with complete instructions and
requirements are available from the
Tyndall Officers' Club.

**First place
\$6,000**

Entry deadline
is July 15.

There are six scholarships
to be awarded to Air
Force
Club members or
their eligible family
members.

283-4357
for more information

Sponsored in part by:

CHASE and Master Card.

No federal endorsement of sponsor intended.

Youth Center

☎ 283-4366

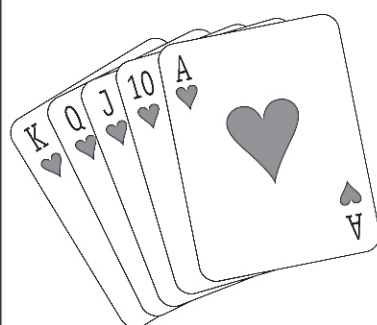
Shito-Ryu Karate Lessons

Sign up for Shito-Ryu Karate lessons.
Learn the ancient art of self-defense in a safe
and fun atmosphere. Classes are open to
ages 6 to adult. Cost is \$25 per month for
ages 6-18, and \$35 per month for ages 19 and
over. Classes will be held in the Tyndall Youth
Center gymnasium every Tuesday and Thursday.
Classes are from 5-5:50 p.m. for ages 6-12,
and 6-6:50 p.m. for ages 13 and up.

**Come out and try a class
before you pay!**

No uniform required!

Call 283-4366
for more information.



Play Texas

Hold 'Em !

All ranks at the Tyndall Enlisted Club
Play starts at 7 p.m.

Grand championship Saturday

Come watch the best players from the past seven
weeks compete for top honors.

The top three winners will be awarded prizes.

Grand prize winner has a chance to draw a "Royal Flush" and win a new car.

Two vehicles to choose from:

Nissan 2005 Altima - 2005 Frontier

Sign up at the door.

Call 283-4357

Must be an active USAF Club member.

Sponsored in part by
Lloyd



No federal endorsement of sponsor intended

Guidance issued on contacts; eyeglasses required while deployed

AIRMAN 1ST CLASS EYDIE SAKURA
52nd Fighter Wing Public Affairs

SPANGDAHLEM AIR BASE, Germany (AFPN) — Blowing sand, smoke and fine dust particles are an eyeball’s worst nightmare. Now imagine holding up your unit because you have “something in your eye.”

This type of scenario is exactly what optometrists said they fear most when Airmen wear contact lenses instead of their glasses while working in a deployed environment.

People who require medical equipment, like corrective eyewear, must deploy with all required items in their possession, including two pairs of eyeglasses, if needed, and protective mask eyeglass inserts, according to U.S. Central Command guidance issued in January.

This guidance resulted from lessons learned from recent conflicts and joint missions, officials said.

“If the Army, Navy and Marines can’t deploy with contact lenses and must wear their glasses, then the Air Force should follow suit when deploying,” said Maj. Robert Kesead, 52nd Aerospace Medicine Squadron optometry flight commander. “As of right now, if Airmen want to wear their contacts while they’re (deployed), they have to get preapproval from their (deployed) commander.”

Contact lenses are time consuming to take care of, and they

have become an operational safety issue as well, officials said.

“It was discovered that 90 percent of ocular foreign bodies were preventable just by wearing glasses,” said Capt. Jeff Autrey, 52nd AMDS optometry clinical services chief. “Many man hours were lost (because of) troops with nonbattle injuries (from) problems with contact lenses and having ‘something in your eye.’”

People deploying must contend with field conditions that may not allow for proper contact lens hygiene, and poor hygiene leads to an increase in eye abrasions, infections and ulcers, officials said.

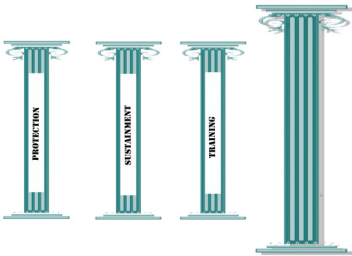
“The ‘unclean’ environment and extended hours of continuous operations lead to people over-wearing the contacts,” Cap-

tain Autrey said. “Continuous wearing of lenses without removal may cause inflammation, infection and permanent loss of vision.”

Such side effects include sensitivity to light, tearing, burning and scratching. To reduce these symptoms, Airmen who normally wear contact lenses can wear their civilian or everyday prescription glasses while deployed, but must also have at least one pair of the brown plastic military-issued glasses.

“We make it mandatory for deploying Airmen to bring their military-issued glasses as well as their everyday glasses,” the captain said. “If both pairs of glasses became nonoperational, the brown plastic glasses are the only glasses that can be repaired (while deployed).”

FORCE DEPLOYMENT



● FROM PURSE PAGE 8

“Some people think it might’ve been taking an unnecessary risk, but I don’t think so. It was a calculated risk,” Lieutenant Herman said. “There are a lot of Airmen out there taking bigger risks, but I’m glad Nick and I could do our part.”

During the pursuit, the possibility of danger did cross the lieutenants’ minds.

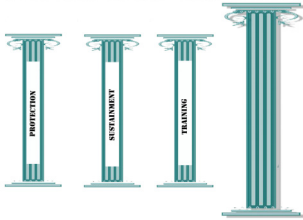
“There were two times that I got nervous; one was when we peeled out of the grocery store parking lot in pursuit, and the second time was when I got out of the car and pur-

sued on foot,” Lieutenant Herman said. “I stayed at a distance where I could see what they were doing, but far enough away that if they had a weapon, I could take defensive measures.”

In the end, the lieutenants said they did what they did because it was the right thing to do.

“I don’t think what we did was really a big deal. All we did was help the police make an arrest and get a purse back to its rightful owner,” Lieutenant Herman said. “As Airmen, we’re on duty 24 hours a day. Sometimes losing to our friends at (cards) just has to wait.”

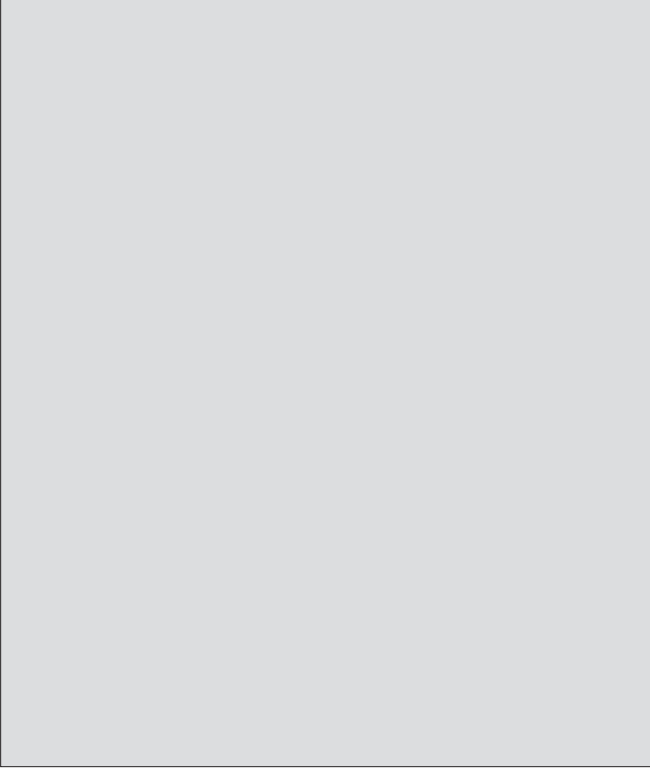
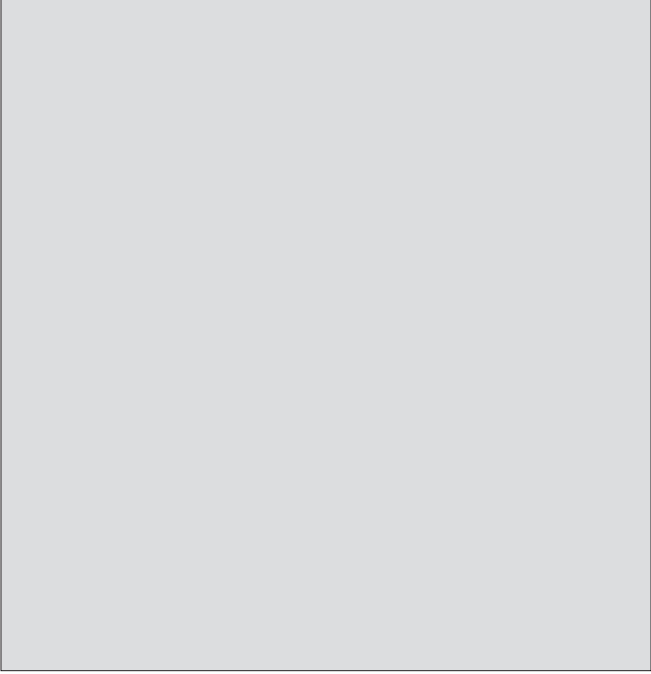
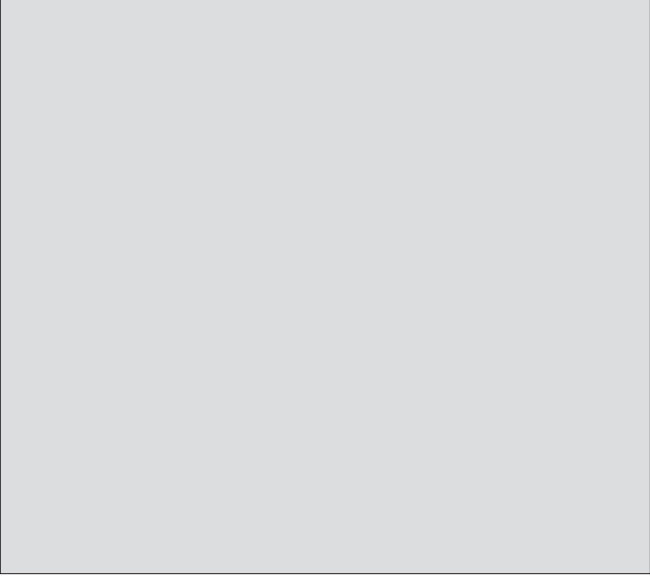
FORCE DEPLOYMENT



Staff Sgt. Benjamin Rojek

Ready, aim ... breathe

Tech. Sgt. Peter Ducheny, 325th Civil Engineer Squadron firefighter, fires an M-16 while wearing a gas mask during M-16 qualification testing here recently. Air Force members must hit the targets the same number of times, but now with the additional challenges the protective gas mask creates.





**Congratulations new
Reserve major-selects!**

Alisa Iriye, 325th Aeromedical-Dental Squadron
Lawrence Peavler, 325th Medical Operations Squadron
Sharon Plachte, 325th MDOS

**Did you miss
past issues of the
Gulf Defender?
Don't fret!**

**We're online:
[www.tyndall.af.mil/
News/news.htm](http://www.tyndall.af.mil/News/news.htm).**



1st Lt. Albert Bosco

Who's wearing a silly hat?

Shelby Merritt, right, daughter of Staff Sgt. Allen Merritt, 325th Security Forces Squadron, admires the hat of Ronnie Calton, son of Byron and Tech. Sgt. Nikki Calton, both assigned to the 325th Air Control Squadron, during an afternoon snack at the Tyndall Child Development Center. The CDC held a Silly Hat Day, just one of many Month of the Military Child activities scheduled throughout April.

Living wills necessary for all

The recent legal and legislative battles over the fate of Terry Schiavo present some tough questions. What would you want if you were her? Does your family know? Who would decide? What can you do to make your wishes known – and more importantly – enforced?

The Base Legal Office can answer these questions. Those who are concerned can meet with a legal assistance attorney who can help draft the documents needed to reflect their choices on the removal or extension of life support.

A living will is not part of a last will and testament. It is a separate document, also known as an advance medical directive or declaration. This document states that if someone is diagnosed with a terminal, incurable condition, he is authorizing physicians to remove life support.

The conditions that trigger the living will and the extent of the medical care to be withdrawn vary significantly from state to state. A medical power of attorney (health care surrogate) may also authorize a designated person to direct the course of medical care,

and this may include some termination of life support decisions as well.

Legal assistance attorneys can answer questions regarding these documents and the need to revise them when moving to a new jurisdiction or state. Attorneys can also prepare these documents, in accordance with Florida law, in order to reflect any decision concerning the withdrawal or extension of life support measures.

In addition, it is very important for people to make an appointment with the legal office to have their last will and testament done. Without a will, the laws of the state in which they are a resident at the date of their death will determine who receives their property, who administers their estate, and who becomes the guardian of their minor children.

Therefore, it is in everyone’s best interest to make an appointment with the legal office to have a living will, medical power of attorney, and last will and testament drafted.

For more information, or to schedule an appointment, call the Base Legal Office at 283-4681.

(Courtesy of the Base Legal Office)



2nd Lt. William Powell

Rank won't help here

Chief Master Sgt. Richard Cargill, 325th Fighter Wing command chief, tries his best to bowl a strike April 8 here. Nearly 40 squadron commanders, first sergeants and others wrapped up the week with a few games to boost morale before June’s Operational Readiness Inspection. Master Sgt. Ken Tate, 325th Mission Support Squadron, finished the afternoon in the lead with an average score of 260. He bowled nine-straight strikes in his first game.

